South Church is a covenanting member of the Unitarian Universalist Association of Congregations and is an accredited Welcoming Congregation and Green Sanctuary. Unitarian Universalism is a liberal religion with Jewish-Christian roots. It has no creed. It affirms the worth of human beings, advocates freedom of belief and the search for advancing truth, and tries to provide a warm, open, supportive community for people who believe that ethical living is the supreme witness of religion. We welcome bisexual, gay, lesbian, and transgender people. There are seven principles which Unitarian Universalism congregations affirm and promote:

- The inherent worth and dignity of every person
- Justice, equity, and compassion in human relations
- Acceptance of one another and encouragement to spiritual growth in our congregations
- A free and responsible search for truth and meaning
- The right of conscience and the use of the democratic process within our congregations and in society at large
- The goal of the world community with peace, liberty and justice for all
- Respect for the interdependent web of all existence of which we are a part

We are grateful for the religious pluralism which enriches and ennobles our faith; we are inspired to deepen our understanding and expand our vision.

**SOUTH CHURCH**

**A Unitarian Universalist Congregation**

**Sunday Services:** 10am on State Street
**Live-Stream Services:** 10am on our YouTube Channel
**Office Hours:** 9am-2pm Tuesday-Friday
**WiFi Network:** SouthChurchPublic
**WiFi Password:** SundayMorning

**Website:** [www.southchurch-uu.org](http://www.southchurch-uu.org)  **Email:** info@southchurch-uu.org
**Phone:** 603-436-4762

**Board of Trustees Email:** Board@southchurch-uu.org

The Board meets on the 3rd Tuesday of the month at 7pm. All are welcome.

Rev. Ellen Quaadgras – Minister
Kirsten Hunter – Director of Lifespan Ministries
Jen Del Deo – Director of Children and Family Ministry
Jonny Peiffer – Director of Music Ministry
Jennifer Leyden – Congregational Admin  Kristine Sawyer – Finance Director
Susan Adams – Accompanist  Alice Scease & Ben Abbott - Tech

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“This Is My Song”
A Unitarian Universalist Congregation
August 6, 2023
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ARE YOU NEW TO SOUTH CHURCH?
Are you a first-time visitor? Would you like to get more information about this congregation? Fill out the green card in the pews with your contact info, give it to the morning usher, and we’ll take care of the rest! Welcome!

THE POCKET GARDEN TOUR - VOLUNTEERS NEEDED
The Pocket Garden Tour is in its 34th year as our largest fundraiser and community event. So it is time for South Church members and friends to see how you can help! The committee has some short term jobs during the final eight weeks. See Robin Schnell or Ingrid Ahlberg, or email pgt@southchurch-uu.org. We also have sign ups for being a garden host (formerly garden sitter) and cookie baking. Please look for sign ups during coffee hour, or use the links below.
Cookies: https://tinyurl.com/PGTcookies23
Hosting: https://tinyurl.com/PGThost23

POCKET GARDEN TOUR BLOOMS SALES DURING SOCIAL HOUR - LAST DAY!
This year’s tour might not be until September 8-9, but you can support the tour now with a $25 donation. All supporters will be listed on a special Blooms poster shared at our Welcome Table as well as in the Order of Service on the Sunday after the tour. Along with your name, your listing can include your business name or the name of someone special you would like to honor/remember. We will be collecting money during Social Hour beginning today through August 6. Cash, credit, and check accepted. You can also purchase a Bloom on the South Church website by clicking DONATE on the top right and scrolling down to Blooms.

AUGUST BOOK DISCUSSION - AUGUST 9
The South Church Spiritual Book Group is hosting a discussion of “Everything Is Illuminated” by Jonathan Safran Foer on Wednesday, August 9 at 7pm. All are welcome to join us on Zoom. Please contact bookgroup@southchurch-uu.org for the Zoom link!

ALL CHURCH READ - SEPTEMBER 13
The South Church Book Group, in partnership with Kirsten and Rev. Ellen, invites you to a potluck and discussion of “Rooted: Life at the Crossroads of Science, Nature, and Spirit” by Lyanda Lynn Haupt on Wednesday, September 13. The potluck will begin at 6pm in Parish Hall, followed by a discussion of the book beginning at 7pm. There will not be a zoom option for this event. Please contact bookgroup@SouthChurch-UU.org if you plan to attend!

RELIGIOUS EDUCATION
The Religious Education Program at South Church is a community supported program grounded in the Unitarian Universalist principles, which promote a sense of social justice and responsibility as well as tolerance, identity and spiritual growth. Our purpose is to involve children in a religious community in which they develop a spiritual sense of themselves, their connection to others and to the world as a whole.

RE Program - Summer 2023
The Nursery is staffed and open for children of ages 6 weeks through 3 years. Children and youth are invited to join RE classes downstairs after the Time for All Ages part of Worship. Alternatively, children are always welcome to remain in Worship.
For more information on our Religious Education program, email our Director of Children and Family Ministries, Jen Del Deo, at jendeldeo@southchurch-uu.org.

ONGOING GROUPS
Aging with Grace meets the 2nd Tuesday of the month at noon at 411 Middle Street during the summer. Contact Ingrid at inkyjapan@yahoo.com.
Chant From Different Traditions will meet on the first Sunday at 9am on the balcony. Contact Cathy Ohkuysen at cathomusic@gmail.com for more information.
The Shawl Ministry meets on the 3rd Sunday at 11:10am in the Emerson Room. For more info: Jan Marston at jmarston@comcast.net.
The Men’s Breakfast Group meets on the second Wednesday of the month at 8am. Email Ken Schoman at ayuh.ken@gmail.com for details and to join the mailing list.
Morning Poems is on hiatus until September 2023. Contact Kirsten at kirsten@southchurch-uu.org for more information.
The Women’s Breakfast Group meets on the first Wednesday of the month at 8:30am. For more info and to RSVP, contact willow@woodflute.net.
Covenant Groups are ongoing groups that meet twice a month from October-May. For more info, email covenantgroups@southchurch-uu.org
South Church Spiritual Book Group meets on the 2nd Wednesday at 7pm on Zoom. For more info: Nancy Lambert at bookgroup@southchurch-uu.org
Court Street Yoga is offered on Monday and Friday mornings at 6:30am at 73 Court Street. Suggested donation of $10 per class or $60 per month. For more info, email Alyssa Murphy at manypennymurphy@gmail.com.
GROUP CONTACTS

Shared Ministry – sharedministry@southchurch-uu.org
Pastoral Associates – pastoralcare@southchurch-uu.org
Social Justice Associates – socialjustice@southchurch-uu.org
Worship Associates – worship@southchurch-uu.org
Fellowship Associates – fellowship@southchurch-uu.org
Learning Associates – learning@southchurch-uu.org
Com. On Ministry – committeeonministry@southchurch-uu.org
Collaborative Governance – collaborative@southchurch-uu.org

CALENDAR

Sunday, August 6
9:15am Chants from Different Traditions on the portico
10:00am Online and In Person Worship

Monday, August 7
6:30am Court Street Yoga
5:00pm Property Committee Meeting

Tuesday, August 8
10:30am Aging with Grace at South Church

Wednesday, August 9
7:00pm Spiritual Book Group on Zoom

Friday, August 11
6:30am Court Street Yoga

Sunday, August 13
8:30am Nominating Committee Meeting
10:00am Online and In Person Worship

LOOKING FOR CIRCLE SUPPER HOSTS
Your Fellowship Associates are excited to once again organize Fall Circle Suppers and we need some warm and welcoming congregation members to volunteer to host! Please email Dot Mason (dotmason@yahoo.com) or Ginny Scease (ginnyandrew@comcast.net) with your day, time, and location availability, as well as many people you can host. These are potluck style meals and once we secure dates/locations, we will have signs ups for those who can attend meals during Social Hour in August. We are looking to have you host a meal in September/October! To sign up online, visit https://tinyurl.com/Circle-Suppers

COMMITTEE ON MINISTRY
The Committee on Ministry (CoM) provides support and advice as needed to the Minister and Director of Lifespan Ministries, and develops channels for congregation-wide reflection and feedback on the ministries at South Church. We are Mitch Pivor, Joanne Holman, Andrew Scease, Susan Dewhirst, Carol Cameron-Sears, and Kimberly Green. We are currently exploring the development of “feedback groups” for the 23-24 church year. These will help us reflect together on the collaborative leadership model and our shared ministry. If you are interested in learning more about the work of the CoM, please reach out to a Committee Member or email committeeonministry@southchurch-uu.org

PASTORAL ASSOCIATES - WE CARE!
The Wider Network of Care (WNC) is our super power at South Church! The WNC is a group of people who have signed up to help out with meals, rides, cards, pet care, etc when one of us needs a helping hand, and also to support the families of congregants who have died by providing a reception after their Memorial service. When we each do our small part, our pieces come together to create a warm quilt that wraps a congregant in love and care in times of need. Have you signed up yet? Fill out the card in your pew and drop it in the collection plate! Or email the Pastoral Associates at pastoralcare@southchurch-uu.org
ORDER OF SERVICE

PRELUDE  Let All Things Now Living (The Ash Grove)  Susan Adams
Arr. by Paul Tate

WELCOME  Rev. Ellen Quaadgras

ANNOUNCEMENTS

INVOCATION  It Is Well With My Soul  Susan Adams
Horatio Spafford and Philip Paul Bliss

LIGHTING THE CHALICE  Rev. Ellen Quaadgras and Rae Strand

MISSION STATEMENT
At South Church, we nurture spiritual growth through worship, learning and community; we celebrate the worth and dignity of all people; and we inspire one another to act on our faith in the larger community.

OPENING WORDS  Rae Strand

OPENING HYMN #38  Morning Has Broken

TIME FOR ALL AGES  Kirsten Hunter

CHILDREN’S RECESSIONAL #413  Go Now In Peace

OFFERING INVITATION  Rae Strand

OFFERTORY  Be Still and Know  Susan Adams
Andrew Moore

RESPONSE #1010  Oh, We Give Thanks

PRAYER & MEDITATION  Rev. Ellen Quaadgras

CANDLES OF JOY AND CONCERN
We find that taking time to acknowledge our sorrows and joys brings us release, support, strength, and joy. We invite you to take a moment and reflect on a joy or concern you are holding. If it is something you want us to know about, please take a moment and write your concern on the Pastoral Care blue card in the pew. When you come to the table to light your candle, place your card in the basket and we will be in touch with you. If you would like your prayer concern named aloud during the service, please be in touch with the office or Rev. Ellen by Friday.

POSTLUDE #1001  Breath  Birago Diop & Yasaye M. Barnwell

August 6, 2023

SERMON
Hymn #21 For The Beauty of the Earth
Hymn #7 The Leaf Unfurling

Hymn #1009 Meditation on Breathing/People Get Ready (Lyric insert)
Hymn #1020 Woyaya
Hymn #159 This Is My Song
Hymn Lean On Me (Lyric Insert)
Blue Boat Home

CLOSING HYMN #1064

EXTINGUISHING THE CHALICE  Rae Strand

BENEDICTION  Rev. Ellen Quaadgras

During the month of August, our collection will be split and shared with both Wabanaki Reach (www.wabanakireach.org) and The Cowasuck Band of the Pennacook-Abenaki (www.cowasuck.org).

Wabanaki Reach seeks to build a broader and stronger community of people who understand the long term impact of the generational harms done to Indigenous people since first contact and who are committed to transforming the present day systems that provide advantages to the dominant culture.

The Cowasuck Band of the Pennacook-Abenaki People provides education and services intended to preserve the life, history, culture, language, and traditions of the Abenaki.

Assisted listening devices are available in the rear of the sanctuary.

We are deeply grateful to the many staff and volunteers whose often unseen efforts make our Sunday services possible. Many thanks to Jennifer Leyden, Tim Dulea, Kevin Leahy, Alice Scease, Ben Abbott, our custodian, greeters, ushers and everyone else who has lent a hand this week!