South Church is a covenanting member of the Unitarian Universalist Association of Congregations and is an accredited Welcoming Congregation and Green Sanctuary. Unitarian Universalism is a liberal religion with Jewish-Christian roots. It has no creed. It affirms the worth of human beings, advocates freedom of belief and the search for advancing truth, and tries to provide a warm, open, supportive community for people who believe that ethical living is the supreme witness of religion. We welcome bisexual, gay, lesbian, and transgender people. There are seven principles which Unitarian Universalism congregations affirm and promote:

- The inherent worth and dignity of every person
- Justice, equity, and compassion in human relations
- Acceptance of one another and encouragement to spiritual growth in our congregations
- A free and responsible search for truth and meaning
- The right of conscience and the use of the democratic process within our congregations and in society at large
- The goal of the world community with peace, liberty and justice for all
- Respect for the interdependent web of all existence of which we are a part

We are grateful for the religious pluralism which enriched and ennobles our faith; we are inspired to deepen our understanding and expand our vision.

A Unitarian Universalist Congregation
Sunday Services: 10am on State Street
Live-Stream Services: 10am on our YouTube Channel
Office Hours: 9am-2pm Tuesday-Friday
WiFi Network: SouthChurchPublic
Wifi Password: SundayMorning
Website: www.southchurch-uu.org Email: info@southchurch-uu.org
Phone: 603-436-4762
Board of Trustees Email: Board@southchurch-uu.org
The Board meets on the 3rd Tuesday of the month at 7pm. All are welcome.
Rev. Ellen Quaadgras – Minister
Kirsten Hunter – Director of Lifespan Ministries
Jen Del Deo – Religious Educator
Jonny Peiffer – Director of Music Ministry
Jennifer Leyden – Congregational Admin   Kristine Sawyer – Finance Director
Susan Adams – Accompanist   Sean Kramer – Attendant   Alice Scease - Tech

SOUTH CHURCH
A Unitarian Universalist Congregation
August 14, 2022
**ARE YOU NEW TO SOUTH CHURCH?**
Are you a first-time visitor? Would you like to get more information about this congregation? Fill out the green card in the pews with your contact info, give it to the morning usher, and we’ll take care of the rest! Welcome!

**SEPTEMBER BOOK DISCUSSION**
The South Church Spiritual Book Group is hosting a discussion of “The Warmth of Other Suns: The Epic Story of America’s Great Migration” by Isabel Wilkerson on Wednesday, September 14 at 7pm. All are welcome! Please contact southchurchbookgroup@gmail.com for the Zoom link.

**STAR ISLAND IS HIRING!**
Are you looking for a fun and rewarding experience? Are you retired or in between jobs? Star Island is hiring for end of the season Pelicans to work at least a full week (preferably longer) during the period of mid-August to mid-September. Many say it's the best job ever! Must be 18+ years of age. Check out https://starisland.org/working/#seasonal for more information.

**HELP US SCOUT FOR GARDENS!**
The 2023 Pocket Garden Tour has been scheduled for September 8-9 and we need YOUR help NOW! We invite everyone to nominate gardens for the tour! We also need 1-2 folks to join the scouting team to follow up on nominations. The neighborhood map and a simple nomination form can be found on the PGT page on the South Church website. Interested or have questions? Please contact Joanne Foster at jocfoster@outlook.com

**SUNDAY MORNING USHERING**
Are you looking for a way to get a little more involved on Sunday mornings? Would you like to meet more members and friends at South Church? Sign up to usher on one Sunday a month (or more!) Ushers hand out Orders of Service, help with the collection, and are a warm face for seasoned South Churchers as well as newcomers. Sign ups are organized monthly, such as the first Sunday of the month, second Sunday of the month, etc. You only need to pick one! If you are interested, you can sign up through the South Church website (very bottom of the home page) or reach out to Dana Peters at dp_peters@comcast.net

**RELIGIOUS EDUCATION**
The Religious Education Program at South Church is a community supported program grounded in the Unitarian Universalist principles, which promote a sense of social justice and responsibility as well as tolerance, identity and spiritual growth. Our purpose is to involve children in a religious community in which they develop a spiritual sense of themselves, their connection to others and to the world as a whole.

**RE Program Summer 2022**
**The Nursery** (unstaffed) is open for you and your children to have a quiet, private place during Worship. Please remain with your children at all times.
**Children have the option to join an all-ages RE time of community and connection after the Time For All Ages part of Worship.**
Alternatively, children are always welcome to remain in Worship.
For more information on our Religious Education program, email our Religious Education Coordinator, Jen Del Deo, at jendeldeo@southchurch-uu.org.

**ONGOING GROUPS**
**Aging with Grace** meets the 2nd Wednesday of the month during the summer from 11:30a-1p at 411 Middle Street. Contact Ingrid at inkyjapan@yahoo.com for more information.
**Chant From Different Traditions** will meet on the first Sunday at 9am on the portico during the summer. Contact Cathy Okhuysen at cathomusic@gmail.com for more information.
**The Shawl Ministry** meets on the 3rd Sunday at 11:10am in the Emerson Room. For more info: Jan Marston at jmarston@comcast.net
The **Men’s Breakfast Group** meets on the second Wednesday of the month at 8am. Email Ken Schoman at ayuh.ken@gmail.com for details and to join the mail list.
The **Women’s Breakfast Group** meets on the first Wednesday of the month at 8:30am. For more info, contact turningtide@comcast.net
**Small Group Ministry** are ongoing groups that meet twice a month from October-May. Please contact Rita Weathersby at rita.weathersby@unh.edu
**South Church Spiritual Book Group** meets on the 2nd Wednesday at 7pm on Zoom. For more info: Nancy Lambert at southchurchbookgroup@gmail.com
The **Buddhist Meditation Group** meets Tuesday evenings at 7:00pm in the Meditation Room. Please email Jennifer Wilhelm at fatpeachfarmers@gmail.com for more information.
GROUP CONTACTS

Shared Ministry – sharedministry@southchurch-uu.org
Pastoral Associates – pastoralcare@southchurch-uu.org
Social Justice Associates – socialjustice@southchurch-uu.org
Worship Associates – worship@southchurch-uu.org
Fellowship Associates – fellowship@southchurch-uu.org
Learning Associates – learning@southchurch-uu.org
Com. On Ministry – committeeonministry@southchurch-uu.org
Collaborative Governance – collaborative@southchurch-uu.org

PASTORAL ASSOCIATES

Remember this old song by Bill Withers? “Lean on me, when you’re not strong, and I’ll be your friend. I’ll help you carry on...”

We are the Pastoral Associates. Through the Wider Network of Care, we offer rides, meals, companionship, conversation, and support. If you want to be part of the WNC offering comfort to members, fill out the yellow card in your pew and give it your usher! You can share your joys and concerns on Sundays by filling out a blue Pastoral Request card in your pew, or via email at pastoralcare@southchurch-uu.org. You can also reach out directly to Rev. Ellen at revellen@southchurch-uu.org.

MEMORIAL SERVICES

As of now, memorial services and celebrations of life can be resumed at South Church. If you would like to hold a service for a loved one, please contact us and we will put you in touch with Rev. Ellen and the Pastoral Associates who will help guide and support you through the process. You can send an email to info@southchurch-uu.org, or fill out a reservation request form on the South Church website.

CALENDAR

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, August 14</td>
<td>10:00am</td>
<td>Online and In Person Worship</td>
</tr>
<tr>
<td>Tuesday, August 16</td>
<td>7:00pm</td>
<td>Board of Trustees Meeting</td>
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<tr>
<td></td>
<td>7:00pm</td>
<td>Buddhist Meditation in the King Classroom</td>
</tr>
<tr>
<td>Wednesday, August 17</td>
<td>4:45pm</td>
<td>Shared Ministry Meeting off-site</td>
</tr>
<tr>
<td>Thursday, August 18</td>
<td>2:00pm</td>
<td>Worship Associate Meeting in Carson Parlor</td>
</tr>
<tr>
<td>Sunday, August 21</td>
<td>10:00am</td>
<td>Online and In Person Worship</td>
</tr>
</tbody>
</table>

VOLUNTEER WITH RELIGIOUS EDUCATION!

We’re working hard to build a robust RE program for the fall, and these fantastic offerings require many volunteers. Let’s talk about ways you can participate that will feel spiritually enriching and will work with your busy schedule! You do not need prior experience, and you will have lots of support. A great way to get to know more South Church adults AND kids! Contact Jen Del Deo at jendeldeo@southchurch-uu.org!

MORNING POEMS HIATUS

Morning Poems is on hiatus for the summer. The plan is for this well-loved offering to return in September. We hope you can make some time to join us!
ORDER OF SERVICE

PRELUDE
'S Wonderful
George and Ira Gershwin
Jonny Peiffer, piano

WELCOME
Bret Newbury

ANNOUNCEMENTS

INVOCATION
Jonny Peiffer

LIGHTING THE CHALICE
Jane Kavanaugh

MISSION STATEMENT
At South Church, we nurture spiritual growth through worship, learning and community; we celebrate the worth and dignity of all people; and we inspire one another to act on our faith in the larger community.

OPENING WORDS
Bret Newbury

OPENING MUSIC #208
Every Time I Feel the Spirit
Lauren Katz, Elaine Beauchesne, Brad Landon, and South Church kids

TIME FOR ALL AGES
Go Now In Peace
Lauren Katz, Elaine Beauchesne, Brad Landon, and South Church kids

CHILDREN'S RECESSINAL #413

OFFERTORY
Starlings
written and played by Jonny Peiffer

RESPONSE #1010
Oh, We Give Thanks

PRAYER & MEDITATION
Jane Kavanaugh

CANDLES OF JOY AND CONCERN
We find that taking time to acknowledge our sorrows and joys bring us release, support, and strength and joy. We invite you to take a moment and reflect on a joy or concern you are holding. If it is something you want us to know about, please take a moment and write your concern on the Pastoral Care blue card in the pew. When you come to the table to light your candle place your card in the basket and we will be in touch with you. If you would like your prayer concern named aloud during the service, please be in touch with the office or Rev. Ellen by Friday and/ or write your concern down and hand it to us before service.

AUGUST 14, 2022

SERMON
"Finding the Muse in the Messiness"
Rev. Ellen Quaadgras
With stories by: Alice O'Traynor, Cathy Wolff, and Jim Verschueren

CLOSING MUSIC #311
Let It Be a Dance We Do
Bret Newbury

EXTINGUISHING THE CHALICE
Bret Newbury

BENEDICTION
Rev. Ellen Quaadgras

POSTLUDE
Lean On Me (#1021)
Bill Withers

During the month of August, our collection will be shared with Fair Tide. Fair Tide is a Kittery based organization that helps find permanent housing for individuals and families experiencing homelessness and provides long term case management services to assure success. Learn more at www.fairtide.org

Please join us for social hour on the portico after Worship.

Assisted listening devices are available in the rear of the sanctuary.

We are deeply grateful to the many staff and volunteers whose often unseen efforts make our Sunday services possible. Many thanks to Jennifer Leyden, Tim Dulea, Kevin Leahy, Alice Scease, our custodian, greeters, ushers and everyone else who has lent a hand this week!