South Church is a covenanting member of the Unitarian Universalist Association of Congregations and is an accredited Welcoming Congregation and Green Sanctuary. Unitarian Universalism is a liberal religion with Jewish-Christian roots. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love. We strive to be a congregation that truly welcomes all persons who share our values. We commit to being a congregation that empowers and enhances everyone's participation, especially those with historically marginalized identities.

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.

Inseparable from one another, these shared values include:

Interdependence: We honor the interdependent web of all existence.

Pluralism:We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

Justice: We work to be diverse multicultural Beloved Communities where all thrive.

Transformation: We adapt to the changing world.

Generosity: We cultivate a spirit of gratitude and hope.

Equity: We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.

SOUTH CHURCH
A Unitarian Universalist Congregation
Sunday Services: 10am on State Street & our YouTube Channel
Office Hours: 9am-2pm Tuesday-Friday
WiFi Network: SouthChurchPublic
Wifi Password: SundayMorning
Website: www.southchurch-uu.org **Email:** info@southchurch-uu.org
Phone: 603-436-4762
Board of Trustees Email: Board@southchurch-uu.org
The Board meets on the 3rd Tuesday of the month at 7pm. All are welcome.
Rev. Ellen Quaadgras – Minister
Kirsten Hunter – Director of Lifespan Ministries
Jen Del Deo-Barry – Director of Children and Family Ministry
Jonny Peiffer – Director of Music Ministry
Jennifer Leyden – Congregational Admin
Sasha Howard - Camera & Sound

SOUTH CHURCH



"When the Ground Shakes"

A Unitarian Universalist Congregation

November 1, 2026

MISSION UUNITED: BUILDING ON BOLDNESS, DARING TO DREAM

What has South Church made possible in your life? As our 2027 stewardship campaign continues, we invite you to pause, reflect, and consider how your financial commitment can help sustain this community. Campaign packets were mailed last week. Please return your Financial Commitment Form by November 22, stop by the Mission UUnited table with your pledge or questions, or scan the QR code to pledge online. Questions? Connect with a Mission UUnited team member, Anita Rozeff, or Dave Mortensen at MissionUUnited@SouthChurch-UU.org

SIGN UP TO HELP AT THE WELCOME DESK!

Help make South Church more welcoming for new folks and long-time members alike! Answer questions, connect folks with others in the congregation, or pass along info/questions to staff. Contact SharedMinistry@SouthChurch-UU.org

JOIN THE WIDER NETWORK OF CARE

The Pastoral Associates offer support to South Church members by organizing a large group of volunteers called the Wider Network of Care (WNC). Send cards, make meals, offer companionship, give rides, do light shores, provide pet care, and help with Celebration of Life receptions. There is no minimum requirement; it's up to you when and how often you participate. Scan the QR code to sign up.

ANNUAL FUNDRAISING AUCTION - NOVEMBER 7

The Live and Silent Auctions will be on Saturday, November 7 starting at 6pm. The Live Auction will be conducted on Saturday, and the Silent Auction (featuring a special raffle table!) continues Sunday, Nov 8 until noon. Contact us at Auction@SouthChurch-UU.org or scan the QR Code if you have donations for our consideration, or see the Auction Team during Social Hour.

BOARD OF TRUSTEES STRATEGIC PLAN - TODAY!

Come meet with the Board of Trustees after worship on Sunday, November 1 to learn more about their recently adopted Strategic Plan. We'll share the priorities and goals that have been developed based on the congregational input during last year's visioning process. See more information on the bulletin board in Parish Hall and bring your questions!

ALTARS OF REMEMBRANCE - TODAY AT 6PM

Altars of Remembrance, a Vespers service in honor of our ancestors and loved ones we have lost, takes place on Sunday, November 1 at 6pm. Everyone is invited to create a simple altar drawn from your personal heritage, traditions, or practices and place photographs/ mementos of loved ones who have died. All are welcome.

RELIGIOUS EDUCATION

On most Sundays, the Nursery is open for children 6 weeks through 3 years, and kids in PreK through 7th grade are invited to participate in religious education groups downstairs following the Time For All Ages. Children are also always invited to remain in the sanctuary with their families. On multigenerational worship days, children stay in the sanctuary for worship, where they may choose to play quietly in the Prayground or sit in pews.

The mission of our RE Program is to provide programming for children, youth, and families that promotes spiritual growth, intergenerational connections, faith development, a UU identity, and social action within a safe and welcoming environment.

For more information, email Director of Children & Family Ministries, Jen Del Deo-Barry, at jendeldeo@southchurch-uu.org

ONGOING GROUPS

Chant From Different Traditions meets on the first Sunday at 9am on the balcony or in the gardens. Contact Cathy Okhuysen at CathoMusic@gmail.com

The Knitting Ministry meets on the 3rd Sunday at 11:30am in the Emerson Room. For info, contact Jan Marston at JLMarston@comcast.net

The ***Men's Breakfast Group*** meets on the second Wednesday of the month at 8am at Grill 28. Email Ken Schoman at Ayuh.Ken@gmail.com

Morning Poems meets Thursday mornings at 7:30am on Zoom. Contact Kirsten@SouthChurch-UU.org for more information. On hiatus until Sept. 2026

The ***Women's Breakfast Group*** meets on the first Wednesday of the month at 8:30am at the Golden Egg. To RSVP, contact TurningTide@comcast.net

Covenant Groups are ongoing groups that meet twice a month from October-May. For more info, email CovenantGroups@SouthChurch-UU.org

South Church Book Group meets on the 2nd Wednesday at 7pm on Zoom. Contact Carrie and Alexandra at BookGroupSouthChurch@gmail.com

Court Street Yoga meets Monday, Wednesday and Friday mornings at 6:30am. Check website for info. Suggested donation $10/class or $75/month. For more info, email Yoga@SouthChurch-uu.org

The South Church Cancer Support Group meets on the 2nd Sunday of the month at 11:30am. For more information, contact 4am76virginia@gmail.com

South Church Folk meets on Thursdays at 6:45pm in the sanctuary and typically sings during Worship one Sunday per month. For more information, contact Cathy Okhuysen at CathoMusic@gmail.com

South Church helps with ***Community Suppers at Mainspring*** various times throughout the year. For more info, contact BettyOlivolo@gmail.com

Lectio Divina meets the first Tuesday of each month in person and on subsequent Tuesdays on Zoom at 5:15pm. For more info, contact Kirsten@SouthChurch-UU.org

CALENDAR

Sunday, November 1

9:00am	200th Anniversary Committee Meeting
9:00am	First Sunday Chant
9:45am	Coming of Age at Court St
10:00am	In person and online Worship
11:30am	Music Ministry Reflection Circle
11:30am	Pastoral Associates Meeting
11:30am	BoT Strategic Plan Presentation
11:30am	SJA Postcard Writing
1:30pm	Adult OWL Class
4:00pm	Senior Youth at Court Street
6:00pm	Altars of Remembrance Vespers

Monday, November 2

6:30am	Court Street Yoga
6:00pm	Fellowship Associate Meeting

Tuesday, November 3

5:00pm	Lectio Divina in the Emerson Room

Wednesday, November 4

6:30am	Court Street Yoga
8:30am	Women's Breakfast at the Golden Egg

Thursday, November 5

7:30am	Morning Poems on Zoom
6:45pm	South Church Folk Rehearsal

Friday. November 6

6:30am	Court Street Yoga

Saturday, November 7

6:00pm	South Church Auction

Sunday, November 8

10:00am	In person and online worship
11:30am	Cancer support group
11:30am	Journey to Membership class
1:00pm	Coming of Age service project
1:30pm	Adult OWL
4:00pm	Senior Youth at Court St

POTLUCK FRIENDSGIVING - NOVEMBER 28

A time to share a meal and deepen connections with our beloved South Church community on November 28 from 4-7pm. Sign up for the potluck at https://tinyurl.com/26Friendsgiving . If anyone would like to help come a bit early to set up, or stay late for clean up, please reach out to Kirsten@SouthChurch-UU.org

SOUTH CHURCH VISION STATEMENT

South Church is widely known as a vibrant spiritual home where people of all ages and abilities, beliefs and identities seek meaning and purpose, inspiration and comfort.

Rooted in love, we carry forward a legacy of care for one another, our Seacoast community, and the Earth we share.

United in our ever-deepening practice of Unitarian Universalist values, we act with courage and serve with joy for a more just, compassionate, and thriving world.

LECTIO DIVINA - TUESDAYS AT 5PM

Lectio Divina (Latin Reading) is an ancient spiritual discipline of slow, contemplative reading and reflection meant to foster a deeper communion with one's own spirituality. We meet in the Emerson Room at South Church, on the first Tuesday of each month, and on Zoom for subsequent Tuesdays each month. Quiet gathering meditation begins at 5pm, Lectio practice begins at 5:15 Consider bringing a journal or notebook as there is an invitation to engage in written reflection. Please email Kirsten@SouthChurch-UU.org to receive the zoom link.

NOVEMBER BOOK DISCUSSION

The South Church Book Group is hosting a Zoom discussion of the historical fiction book "North Woods" by Daniel Mason on Wednesday, November 11 at 7pm. Goodreads says this story about a New England house and its inhabitants "shows the myriad magical ways in which we're connected to our environment and to one another, across time, language and space." For more information or for the Zoom link, contact Carrie and Alexandra at BookGroupSouthChurch@gmail.com

JOURNEY TO MEMBERSHIP CLASS

Are you new to South Church, or a long time attendee and want to know more? The Fellowship Associates are hosting the fall Journey to Membership classes on Nov. 8, 15, and 22 from 11:30am-1pm. This class is an opportunity to explore, share spiritual journeys and learn more about South Church and UUism. Contact Fellowship@SouthChurch-UU.org to learn more or sign up.

DONATIONS AND VOLUNTEERS - CHILDREN'S HOLIDAY FAIR

The annual Children's Holiday Fair will be held on Sunday, December 6 immediately after worship and RE classes. We are looking for donations of used or new items appropriate for gift giving, as well as seasonal gift bags, tissue, and gift tags. Don't forget the men in your lives, and donate for them, too! We are also looking for volunteers the day of the fair. Bins for donations will be set up in the Narthex beginning next week and will remain until the fair. Contact the Fellowship Associates for more info or to volunteer! Fellowship@SouthChurch-UU.org

ORDER OF SERVICE

Joys and Sorrows candle lighting will take place before worship today. You are welcome to light a candle for a joy or sorrow you are carrying before worship begins.

GATHERING MUSIC		Jonny Peiffer, piano
WELCOME		Rev. Ellen Quaadgras
ANNOUNCEMENTS		
TESTIMONIAL		Myra Aaronson
LAND ACKNOWLEDGEMENT		
INVOCATION		#1001 *Breaths*
LIGHTING THE CHALICE		Robin Carlson and Rev. Ellen Quaadgras

MISSION STATEMENT
At South Church, we nurture spiritual growth through worship, learning and community; we celebrate the worth and dignity of all people; and we inspire one another to act on our faith in the larger community.

OPENING WORDS		Robin Carlson
OPENING HYMN #1007		*There's a River Flowin' in My Soul*
TIME FOR ALL AGES		Kirsten Hunter
CHILDREN'S RECESSIONAL #413		*Go Now In Peace*
OFFERING INVITATION		Robin Carlson
OFFERTORY		Jonny Peiffer, piano
RESPONSE #1010		*We Give Thanks*
MEDITATION & PRAYER		Rev. Ellen Quaadgras
SERMON	"When the Ground Shakes"	Rev. Ellen Quaadgras

NOVEMBER 1, 2026

CLOSING HYMN #1051		*We Are…*
EXTINGUISHING THE CHALICE		
BENEDICTION		Rev. Ellen Quaadgras
POSTLUDE	*Graceful Ghost Rag* W. Bolcom	Jonny Peiffer, piano

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November Theme: Healing
November Shared Plate: Seacoast Family Promise

During the month of November, our collection will be shared with Seacoast Pathways. Seacoast Pathways is a place for adults living with mental illness to come together for purposeful work and meaningful relationships. Through participation in the Clubhouse Model, people are given the opportunities to rejoin the worlds of friendships, family, important work, employment, education, and to access the services and supports they may individually need.

Learn more at www. granitepathwaysnh.org/seacoast-pathways/

Quick Link: Donate to South Church and our monthly Shared Plate!
Point your phone camera at the QR code to the left and head to our mobile site. Make a one time gift, or log in to create recurring gifts!