

S

outh Church is a covenanting member of the Unitarian Universalist Association of Congregations and is an accredited Welcoming Congregation and Green Sanctuary. Unitarian Universalism is a liberal religion with Jewish-Christian roots. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love. We strive to be a congregation that truly welcomes all persons who share our values. We commit to being a congregation that empowers and enhances everyone's participation, especially

those with historically marginalized identities.

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.

Inseparable from one another, these shared values include:

Interdependence: We honor the interdependent web of all existence.

Pluralism: We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

Justice: We work to be diverse multicultural Beloved Communities where all thrive.

Transformation: We adapt to the changing world.

Generosity: We cultivate a spirit of gratitude and hope.

Equity: We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.

SOUTH CHURCH

A Unitarian Universalist Congregation

Sunday Services: 10am on State Street & our YouTube Channel

Office Hours: 9am-2pm Tuesday-Friday

WiFi Network: SouthChurchPublic

Wifi Password: SundayMorning

Website: www.southchurch-uu.org

Email: info@southchurch-uu.org

Phone: 603-436-4762

Board of Trustees Email: Board@southchurch-uu.org

The Board meets on the 3rd Tuesday of the month at 7pm. All are welcome.

Rev. Ellen Quaadgras – Minister

Kirsten Hunter – Director of Lifespan Ministries

Jen Del Deo-Barry – Director of Children and Family Ministry

Jonny Peiffer – Director of Music Ministry

Jennifer Leyden – Congregational Admin Brigid Murray – Finance Director

Susan Adams – Accompanist Ben Abbott - Tech & Attendant

SOUTH CHURCH



“The ~~Paradox~~ Miracle of Freedom”

**A Unitarian Universalist
Congregation
June 8, 2025**

ARE YOU NEW TO SOUTH CHURCH?

Are you a first-time visitor? Would you like to get more information about this congregation? Scan the QR code to fill out a visitor form or ask an usher for a hard copy!



POCKET GARDEN TOUR - JUST AROUND THE CORNER

Just 12 days until the PGT, and we do NOT need a partridge in a pear tree! We do need: 10 hosts for Saturday from 5:30-8pm (no leaping required) and 22 batches of cookies (1 batch = 4 dozen cookies) See us at Social Hour!

Volunteer as a host: www.tinyurl.com/2025phthosts

Bake Cookies: www.tinyurl.com/pgtcookies

MORNING POEMS ON SUMMER HIATUS

The last session will be held on June 12, and the group will reconvene again on Thursday, September 4th at 7:30am. Morning poems is a weekly, 30 minute spiritual practice utilizing poetry as inspiration. Anyone is welcome. If you would like to be added to the email list so you receive weekly reminders, email Kirsten@southchurch-uu.org The zoom link remains the same each week:

<https://southchurch-uu-org.zoom.us/j/85920709438>

SOUTH CHURCH BOOK GROUP

The South Church Book Group is hosting a discussion of the historical fiction book "Finding Margaret Fuller" by Allison Pataki on Wednesday, June 11 at 7pm. All are welcome. Please contact BookGroupSouthChurch@gmail.com for the Zoom link and to get onto our email list.

AGING WITH GRACE SUMMER MEETINGS

Aging with Grace will be meeting at the Portsmouth Senior Center (125 Cottage St) in June, July, and August. We'll be meeting on the covered front patio from noon-1:30 on the 2nd Thursday of each month, (June 12, July 10 and Aug 14) Bring your lunch and maybe something to share! In the summer, we have more casual gatherings with a check in and chat. There is plenty of parking and the front patio is easy access with both shade and cover from rain. Join us!

MARCH WITH SOUTH CHURCH AT PRIDE - JUNE 21

On Saturday, June 21, Portsmouth Pride will step off at noon with a parade from Market Square to Strawberry Banks. It's a short walk and a small commitment. And a HUGE message to the LGBTQIA+ community, both here at South Church and the wider community, that you care for us and care about the injustices we face. We are, on paper, a welcoming congregation. This is a good time and a great opportunity to show that we mean it. March with us! Let's show Portsmouth that South Church walks the walk.

RELIGIOUS EDUCATION

On multigenerational worship days, children remain in the sanctuary for worship. There are activity packs and supplies on shelves behind the last row of pews. On all other Sundays, children and youth are invited to go downstairs following the Time For All Ages, to participate in religious education sessions. Children are also always invited to remain in the sanctuary with their families.

The Nursery is open for children 6 weeks through 3 years.

The mission of our RE Program is to provide programming for children, youth, and families that promotes spiritual growth, intergenerational connections, faith development, a UU identity, and social action within a safe and welcoming environment.

For more information on our Religious Education program, email Director of Children & Family Ministries, Jen Del Deo-Barry, at jendeldeo@southchurch-uu.org

ONGOING GROUPS

Aging with Grace meets on the 2nd Thursday of the month at 12:00pm at the Ports. Senior Center. Contact Ingrid at inkyjapan@yahoo.com for more info.

Chant From Different Traditions meets on the first Sunday at 9am on the balcony or in the gardens. Contact Cathy Okhuysen at cathomusic@gmail.com

The Shawl Ministry meets on the 3rd Sunday at 11:30am in the Emerson Room. Contact: Jan Marston at jmarston@comcast.net

The ***Men's Breakfast Group*** meets on the second Wednesday of the month at 8am. Email Ken Schoman at ayuh.ken@gmail.com

Morning Poems is on hiatus during the summer and will reconvene on Zoom on Sep. 4 at 7:30am. Contact info@southchurch-uu.org for more information.

The ***Women's Breakfast Group*** meets on the first Wednesday of the month at 8:30am. For more info and to RSVP, contact turningtide@comcast.net

Covenant Groups are ongoing groups that meet twice a month from October-May. For more info, email covenantgroups@southchurch-uu.org

South Church Spiritual Book Group meets on the 2nd Wednesday at 7pm on Zoom. Contact Nancy at bookgroup@southchurch-uu.org

Court Street Yoga meets Monday, Wednesday and Friday mornings at Court Street. Check the website for times. Suggested donation \$10/class or \$75/month. For more info, email yoga@southchurch-uu.org

The South Church Cancer Support Group meets on the 2nd Sunday of the month at 11:30am in the Emerson Room. For more information, contact Anne Mackin at annemackin2@gmail.com

South Church Folk meets on Thursdays at 7pm in the sanctuary and typically sings during Worship one Sunday per month. For more information, contact Cathy Okhuysen at cathomusic@southchurch-uu.org

GROUP CONTACTS

Shared Ministry – sharedministry@southchurch-uu.org

Pastoral Associates – pastoralcare@southchurch-uu.org

Social Justice Associates – socialjustice@southchurch-uu.org

Worship Associates – worship@southchurch-uu.org

Fellowship Associates – fellowship@southchurch-uu.org

Learning Associates – learning@southchurch-uu.org

Comm. On Ministries – committeeonministries@southchurch-uu.org

CALENDAR

Sunday, June 8

10:00am In Person and Online Worship
11:30am Visioning Circle
11:30am Cancer Support Group
2:00pm Kafari Concert
4:00pm Senior Youth at Court Street

Monday, June 9

6:30am Court Street Yoga
4:00pm Immigrant Support Fund Meeting
4:30pm Pride Mural Project Meeting
6:00pm Fellowship Associate Meeting

Wednesday, June 11

6:30am Court Street Yoga
8:00am Men's Breakfast at Cafe Espresso
6:45pm Mindfulness Meditation at Court Street
7:00pm Book Group on Zoom

Thursday, June 12

7:30am Morning Poems on Zoom
12:00pm Aging with Grace at Ports. Senior Center
2:30pm Pastoral Associates Meeting
7:00pm South Church Folk

Friday, June 13

5:00pm Pocket Garden Tour

Saturday, June 14

3:00pm Pocket Garden Tour

Sunday, June 15

10:00am In Person and Online Worship
11:30am Social Justice Associates meeting
11:30am Dancing Through Chaos
11:30am Knitting Ministry
5:00pm Senior Youth Video Premier & Pizza Party

GROWING SHOWER PROGRAM NEEDS YOUR SUPPORT

Our weekly shower program is taking root in the community, and we are seeing a regular group of folks each Thursday morning. Over the past few weeks, we have had 4-5 individuals use the showers each Thursday! To keep up with the demand, we need more volunteers to fill 2 hour shifts (9-11 or 11-1) on Thursday mornings. If you are interested or have questions, please reach out to Jo and Liz at ShowerProgram@SouthChurch-UU.org. Training will be provided to all volunteers! If you have already been trained and want to sign up for a shift, do so at <https://bit.ly/ShowerProgramVolunteerSignUp> or by scanning the QR code!



INTEREST IN EVENING YOGA CLASS?

Court Street Yoga is considering offering an evening class, but we'd like to make sure there is adequate interest to support this program. If you might like to join a class on Tuesday or Thursday evening, please respond to this very short survey. All are welcome at our regular M/W/F classes at 6:30am. Scan the QR code or enter the link below to take the survey. <https://tinyurl.com/ed7vrs8w>



ROOTS SUMMER PROGRAM - AUGUST 11-15

Join us for a week full of fun for kids ages 5 through 12. Play, build community, engage in service projects, and make meaningful connections! Roots runs 9am-3pm, Monday through Friday the week of August 11-15. (Before and after care available for additional cost) Youth ages 12-17 can sign up to be junior helpers/CiT's to offer friendship and support, and to gain developmentally appropriate leadership skills. Learn more at www.southchurch-uu-re.org/roots-summer-program or scan the QR code.



BUILDING NEW BRIDGES - WAYS TO BE INVOLVED

If you are concerned about the state of the world right now and overwhelmed by not knowing what you can do, feeling alone, or wanting to do something, the Social Justice Associates have something to offer you! Scan the QR to see a list of resources to help you connect with others and help out in a way that resonates!



ORDER OF SERVICE

PRELUDE	<i>Gigue from Suite V in G Major</i> J.S. Bach	Susan Adams, piano
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WELCOME Kirsten Hunter

ANNOUNCEMENTS

INVOCATION

LIGHTING THE CHALICE Kirsten Hunter and Chris George

*MISSION STATEMENT

At South Church, we nurture spiritual growth through worship, learning and community; we celebrate the worth and dignity of all people; and we inspire one another to act on our faith in the larger community.

OPENING WORDS Chris George

*OPENING HYMN #1018 *Come and Go With Me*

ASSOCIATE MEMBER RECOGNITION CEREMONY

TIME FOR ALL AGES Jen Del Deo-Barry

CHILDREN'S RECESSIONAL #413 *Go Now In Peace*

OFFERING INVITATION Chris George

OFFERTORY *El Nathan* Susan Adams, piano
Arr. by Lloyd Larson

RESPONSE #1010 *We Give Thanks*

PRAYER & MEDITATION Kirsten Hunter

CANDLES OF JOY & CONCERN

We invite you to take a moment and reflect on a joy or concern you are holding. If it is something you want us to know about, please take a moment and write your concern on the yellow Pastoral Care card in the pew.

SERMON “The Paradox Miracle of Freedom” Kirsten Hunter

*CLOSING HYMN #151 *I Wish I Knew How*

JUNE 8, 2025

EXTINGUISHING THE CHALICE

BENEDICTION Kirsten Hunter

POSTLUDE *Let All Things Now Living* Susan Adams, piano
Trad. Welsh, arr. by Pepper Choplin

During the month of June, our collection will be shared with the Immigrant Support Fund (ISF). The ISF offers financial support for housing, food, and other basic needs while assisting in finding more permanent housing, employment, and other immigration related services. The ISF is currently supporting 2 people, but is looking for assistance with temporary housing for one. If you can help, please reach out to Jim at jd.verschueren@gmail.com



Quick Link: Donate to South Church and our monthly Shared Plate!

Point your phone camera at the QR code to the left and head to our mobile site. Make a one time gift, or log in to create recurring gifts!

Assisted listening devices are available in the rear of the sanctuary

*Please rise if you are willing and able